

FAMILY MEAL

Meatless Monday December 1st

Penne Pasta Primavera

Garden Salad

Whole Wheat Roll

****Contains: Gluten, Dairy***

Tuesday December 2nd

Greek Turkey Burger, Tzatziki Sauce

Peas and Rice

Roasted Cauliflower

****Contains: Gluten, Dairy***

Wednesday December 3rd

Breakfast Burrito, Eggs, Cheese, Turkey Bacon

Roasted Potatoes

Red & Green Grapes

****Contains: Gluten, Dairy,***

Thursday December 4th

Chicken Breast, Curried Green Tomato Sauce

Basmati Rice

Cumin Roasted Carrots

****Contains: No Allergens***

Friday December 5th

Tex-Mex Chili Con Carne

Corn Casserole

Green Beans and Roasted Peppers

****Contains: Gluten, Dairy***