

# **FAMILY MEAL**

## **Meatless Monday December 15<sup>th</sup>**

Tri-Color Cheese Tortellini, Marinara Sauce

Garden Salad

Pesto Green Beans

***\*Contains: Gluten, Dairy***

## **Tuesday December 16<sup>th</sup>**

Chicken and Beef Sausage Cassoulet

Roasted Carrots

Whole Wheat Roll

***\*Contains: Gluten***

## **Wednesday December 17<sup>th</sup>**

Mushroom Swiss Burger

Rosemary Garlic Potato Wedges

Red and Green Grapes

***\*Contains: Gluten, Dairy***

## **Thursday December 18<sup>th</sup>**

Vegetarian Lasagna

Garden Salad

Garlic Parmesan Bread Stick

***\*Contains: Gluten***

## **Friday December 19<sup>th</sup>**

Chicken Salad Sandwich

Kale and Apple Slaw

Gluten Free Blueberry Muffin

***\*Contains: Gluten, Dairy***