

# FAMILY MEAL

## Meatless Monday February 2<sup>nd</sup>

Roasted Vegetable Tortellini Salad

Fresh Apple

Blueberry Muffin

*\*Contains: Gluten, Dairy*

## Tuesday February 3<sup>rd</sup>

Spaghetti with Meat Sauce

Garden Salad

Garlic Parmesan Bread Stick

*\*Contains: Gluten*

## Wednesday February 4<sup>th</sup>

*Beef Stew*

*Buttered Egg Noodles*

*Green Beans*

*\*Contains: Gluten, Dairy*

## Thursday February 5<sup>th</sup>

Chicken Breast, Curried Green Tomato Sauce

Basmati Rice

Cumin Roasted Carrots

*\*Contains: No Allergens*

## Friday February 6<sup>th</sup>

Detroit All Beef Coney Dog

Macaroni and Cheese

*\*Contains: Gluten, Dairy*