

# **FAMILY MEAL**

## **Meatless Monday February 2<sup>nd</sup>**

Roasted Vegetable Tortellini Salad

Fresh Apple

Blueberry Muffin

***\*Contains: Gluten, Dairy***

## **Tuesday February 3<sup>rd</sup>**

Spaghetti with Meat Sauce

Garden Salad

Garlic Parmesan Bread Stick

***\*Contains: Gluten***

## **Wednesday February 4<sup>th</sup>**

*Beef Stew*

*Buttered Egg Noodles*

*Green Beans*

***\*Contains: Gluten, Dairy***

## **Thursday February 5<sup>th</sup>**

Chicken Breast, Curried Green Tomato Sauce

Basmati Rice

Cumin Roasted Carrots

***\*Contains: No Allergens***

## **Friday February 6<sup>th</sup>**

Detroit All Beef Coney Dog

Macaroni and Cheese

***\*Contains: Gluten, Dairy***